LET OP, i.v.m. corona:

- **Testen voor toegang via de Coronacheckapp is van kracht (ID mee!).** Een eventueel noodzakelijke test

kan via een locatie van Testen voor toegang verkregen worden.

- **Geen publiek/familie** in het stadion ! Per rijder max 1 sporttechnisch begeleider (Trainer/Fysio).

- Aanmelden en betalen per ploeg door **één persoon** !

- Coaching toegestaan, **roepen en schreeuwen niet.**

Kosten € 15,00 vooraf, **in de centrale hal** bij de jury **gepast** betalen

Eigen armbandjes mee, Trainers, blokjes leggen en opruimen.

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| Voorlopige\_planning:  Inrijden |  | 17.15-17.25 |
| 500m |  | 17.25-18.09 |
| Baanverzorging | | 18.09-18.24 |
| 1000m |  | 18.24-18.47 |
| 1500m |  | 18.53-19.20 |
| Baanverzorging | | 19.20-19.35 |
| 3000m |  | 19.35-20.19 |
| 5000m |  | 20.19-20.27 |

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| **1. Loting 500 meter** |
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| **2. Loting 1000 meter** | |
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| **3. Loting 1500 meter** | |
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| **4. Loting 3000 meter** | |
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| |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** | | 1 | wt | 6 | **Koen Verweij** | HSB |  | 3:42.86 |  |  | | rd | 16 | **Colin Duivenvoorden** | HA2 |  | 3:52.91 |  |  | | 2 | gl | 83 | **Joep Wennemars** | HA2 |  | 3:52.21 |  |  | | bl | 79 | **Sijmen Egberts** | HA1 |  | 3:52.94 | 3:52.94 |  | | 3 | wt | 84 | **Lars Woelders** | HN1 |  | 3:56.76 |  |  | | rd | 63 | **Kayo Vos** | HA2 |  | 3:55.32 |  |  | | 4 | gl | 80 | **Stijn van de Bunt** | HA1 |  | 3:58.04 |  |  | | bl | 38 | **Stan van Vliet** | HA2 |  | 3:56.47 |  |  | | 5 | wt | 29 | **Tom Egbertsen** | HA1 |  | 4:05.47 |  |  | | rd | 4 | **Merel Conijn** | DN1 |  | 4:08.03 |  |  | | 6 | gl | 5 | **Esther Kiel** | DSA |  | 4:07.88 |  |  | | bl | 82 | **Chris Fredriks** | HA2 |  | 3:58.40 | 3:59.09 |  | | 7 | wt | 57 | **Evi Gelling** | DA2 |  | 4:20.47 |  |  | | rd | 37 | **Stijn Beekelaar** | HA1 |  | 4:12.38 |  |  | | 8 | gl | 30 | **Jelle Koeleman** | HA1 |  | 4:11.83 |  |  | | bl | 31 | **Matthe Pronk** | HA1 |  | 4:11.93 |  |  | | 9 | wt | 23 | **Eline van Voorden** | DN2 |  | 4:20.75 |  |  | | rd | 32 | **Nick Luijten** | HA1 |  | 4:22.22 |  |  | | 10 | gl | 74 | **Elsemieke van Maaren** | DSA |  | 4:27.39 |  |  | | bl | 67 | **Tom Nijdam** | HA1 |  | 4:20.86 |  |  | | 11 | wt | 75 | **Tjilde Bennis** | DSA |  | 4:32.44 |  |  | | rd | 100 | **Liotte Smits** | DN2 |  | 4:35.81 | 4:35.81 |  | | 12 | gl | 106 | **Emma Engbers** | DSB |  | 4:27.86 |  |  | | bl | 99 | **Luna Jonkers** | DN3 |  | 4:21.09 | 4:30.55 |  | | 13 | wt | 43 | **Rosalie van Vliet** | DB1 |  |  |  |  | | rd | 97 | **Quinty van Klink** | DN2 |  | 4:36.66 | 4:37.63 |  | | 14 | gl | 86 | **Kaat van Steekelenburg** | DA1 |  | 5:03.24 |  |  | | bl |  |  |  |  |  |  |  | | |
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| **5. Loting 5000 meter** | |
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