# **Training Camps Long Track**

Long Track organizes Training Camps on special request for teams.

The ISU Center of Excellence is open to host and work with a detailed program for your team.

# **Training Camps Dates Season 23 - 24**

Camp 1.	Camp 2.	Camp 3.	Camp 4.	Camp 5.	Camp 6.
ISU Q-times	Mass Start Experience	Road to Ice Inline to Longtrack	Marathon Experience	Junior Experience 1	Junior Experience 2
10-24 september 2023	17-30 september 2023	25 sept - 15 oct 2023	12-26 november 2023	TBD	TBD

## The program

## Camp 1

Use Heerenveen to get you ISU Qualifying times for World Cups (also Junior).

## Camp 2

Join the Dutch Mass Start competition/ or join the Rookie group.\*\*

#### Camp 3

Inline to Speedskating.

#### Camp 4

Experience Dutch marathon.

## Camp 5 and 6

Junior experience to become a (better) Speed Skater with individual approach.

Center of Excellence

