LET OP, i.v.m. corona:

- **Iedereen die gebruik maakt van de ijs- en krachtfaciliteiten moet minimaal één keer per week een**

 **geldige negatieve uitslag van een Covid-19 test (PCR of antigeen) te kunnen overleggen aan**

**bondsarts@knsb.nl****.** Hierop zal een akkoord gegeven worden voor het gebruik van het ijs.

 Zie: [Aanvullende corona vereisten gebruik topsportfaciliteiten Thialf per 23-9-21.pdf](file:///D%3A%5CSchaatsen%2015-03-21%5CTopsportfaciliteiten%5C2021-2022%5CAanvullende%20corona%20vereisten%20gebruik%20topsportfaciliteiten%20Thialf%20per%2023-9-21.pdf)

**-** **Geen publiek/familie** in het stadion ! Per rijder max 1 sporttechnisch begeleider (Trainer/Fysio).

- Aanmelden en betalen per ploeg door **één persoon** !

- Coaching toegestaan, **roepen en schreeuwen niet.**

Kosten € 15,00 vooraf, **in de centrale hal** bij de jury **gepast** betalen

Eigen armbandjes mee, Trainers, blokjes leggen en opruimen



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| **1. Loting 500 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 22 | **Tosca Mulder** | DA1 |  | 42.56 | 42.56 |  |
| rd |  |  |  |  |  |  |  |
| 2 | gl | 18 | **Semmie Bakker** | DA1 |  | 42.86 | 42.87 |  |
| bl | 23 | **Vera van Ditshuizen** | DA2 |  | 42.15 | 42.15 |  |
| 3 | wt | 19 | **Janna Bolsius** | DB2 |  | 42.08 | 42.08 |  |
| rd | 21 | **Amee Hollanders** | DA2 |  | 41.03 | 41.03 |  |
| 4 | gl | 12 | **Rosalie van Vliet** | DB1 |  | 41.26 | 41.26 |  |
| bl | 51 | **Corrieke Buffinga** | DA2 |  | 41.62 | 41.62 |  |
| 5 | wt | 27 | **Teun van der Linden** | HB2 |  | 40.90 | 40.90 |  |
| rd | 33 | **Daan Ridder** | HB1 |  | 40.32 | 40.32 |  |
| 6 | gl | 24 | **Lotte Groenen** | DB2 |  | 40.64 | 40.64 |  |
| bl | 35 | **Sil van der Veen** | HB1 |  | 40.42 | 40.42 |  |
| 7 | wt | 5 | **Yael Prenger** | DA2 |  | 40.72 | 40.99 |  |
| rd | 32 | **Meike Veen** | DB2 |  | 40.19 | 40.19 |  |
| 8 | gl | 4 | **Pien Hersman** | DA1 |  | 39.44 | 39.44 |  |
| bl | 47 | **Arisa Go** | DSA |  |  |  |  |
| 9 | wt | 34 | **Thijmen Paardekooper** | HB2 |  | 38.78 | 38.78 |  |
| rd | 30 | **Sem Bodewes** | HB2 |  | 39.73 | 39.73 |  |
| 10 | gl | 31 | **Tom Nijdam** | HA1 |  | 38.18 | 38.18 |  |
| bl | 15 | **Ties van Seumeren** | HB2 |  | 38.15 | 38.15 |  |
| 11 | wt | 41 | **Jelmer Hendriks** | HA2 |  | 38.17 | 38.17 |  |
| rd | 17 | **Jorn de Vries** | HA1 |  | 38.47 | 38.47 |  |
| 12 | gl | 14 | **Joep Stubbe** | HB2 |  | 38.10 | 38.10 |  |
| bl | 25 | **Swen Halferkamps** | HB2 |  | 37.92 | 37.92 |  |
| 13 | wt | 26 | **Thom Rooijackers** | HA1 |  | 38.08 | 38.08 |  |
| rd | 7 | **Jelle Koeleman** | HA1 |  | 38.02 | 38.02 |  |
| 14 | gl | 8 | **Stan Springer** | HN1 |  | 37.84 | 37.84 |  |
| bl | 6 | **Tom Egbertsen** | HA1 |  | 37.39 | 37.69 |  |
| 15 | wt | 29 | **Hidde Westra** | HA1 |  | 37.80 | 37.80 |  |
| rd | 9 | **Zeno de Ponti** | HN1 |  | 37.66 |  |  |
| 16 | gl | 13 | **Stan van Vliet** | HA2 |  | 37.53 | 37.60 |  |
| bl | 10 | **Stijn Beekelaar** | HA1 |  | 37.56 | 37.56 |  |
| 17 | wt | 16 | **Timo Lamme** | HA1 |  | 37.42 | 37.42 |  |
| rd | 40 | **Caspar Douma** | HN3 |  | 37.28 | 37.28 |  |
| 18 | gl | 48 | **Takuro Oda** | HSA |  |  |  |  |
| bl | 39 | **Pim Stuij** | HA2 |  | 36.44 | 36.44 |  |
| 19 | wt | 46 | **Masaya Yamada** | HSA |  |  |  |  |
| rd | 44 | **Yamato Matsui** | HSA |  |  |  |  |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 20 | gl | 20 | **Stein de Wit** | HA1 |  | 36.57 | 36.57 |  |
| bl | 37 | **Jelle Rieff** | HA2 |  | 36.67 | 36.67 |  |
| 21 | wt | 45 | **Yuma Murakami** | HSA |  |  |  |  |
| rd | 2 | **Dai Dai N'tab** | HSA |  | 34.15 | 34.34 |  |

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| **2. Loting 5000 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 43 | **Wouter Tel** | HSA |  | 6:44.56 | 6:45.74 |  |
| rd | 3 | **Joep Wennemars** | HA2 |  | 6:44.59 | 6:44.59 |  |
| 2 | gl | 52 | **Max Visscher** | HN3 |  | 6:41.20 | 6:55.37 |  |
| bl | 38 | **Colin James Duivenvoorden** | HA2 |  | 6:33.99 | 6:33.99 |  |

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| **3. Loting 3000 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 24 | **Lotte Groenen** | DB2 |  | 4:38.87 | 4:38.87 |  |
| rd | 51 | **Corrieke Buffinga** | DA2 |  | 4:43.34 | 4:43.34 |  |
| 2 | gl |  |  |  |  |  |  |  |
| bl |  |  |  |  |  |  |  |
| 3 | wt | 42 | **Jurian Koolhaas** | HN2 |  | 4:08.72 |  |  |
| rd | 34 | **Thijmen Paardekooper** | HB2 |  | 4:02.39 | 4:02.39 |  |
| 4 | gl | 1 | **Carlijn Achtereekte** | DSB |  | 3:54.92 | 3:59.20 |  |
| bl | 30 | **Sem Bodewes** | HB2 |  | 4:23.56 | 4:23.56 |  |

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| **4. Loting 1500 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 22 | **Tosca Mulder** | DA1 |  | 2:09.68 | 2:09.68 |  |
| rd |  |  |  |  |  |  |  |
| 2 | gl | 23 | **Vera van Ditshuizen** | DA2 |  | 2:06.68 | 2:06.68 |  |
| bl | 12 | **Rosalie van Vliet** | DB1 |  | 2:05.19 | 2:05.19 |  |
| 3 | wt | 19 | **Janna Bolsius** | DB2 |  | 2:08.97 | 2:08.97 |  |
| rd | 5 | **Yael Prenger** | DA2 |  | 2:04.56 | 2:05.34 |  |
| 4 | gl | 50 | **Rin Kosaka** | DN1 |  |  |  |  |
| bl | 49 | **Misaki Oshigiri** | DSA |  |  |  |  |
| 5 | wt | 31 | **Tom Nijdam** | HA1 |  | 1:57.71 | 1:57.71 |  |
| rd | 27 | **Teun van der Linden** | HB2 |  | 1:59.30 | 1:59.30 |  |
| 6 | gl | 33 | **Daan Ridder** | HB1 |  | 2:00.84 | 2:00.84 |  |
| bl |  |  |  |  |  |  |  |
| 7 | wt | 15 | **Ties van Seumeren** | HB2 |  | 1:54.75 | 1:54.75 |  |
| rd | 7 | **Jelle Koeleman** | HA1 |  | 1:53.69 | 1:53.69 |  |
| 8 | gl | 14 | **Joep Stubbe** | HB2 |  | 1:54.02 | 1:54.02 |  |
| bl | 10 | **Stijn Beekelaar** | HA1 |  | 1:57.17 | 1:57.65 |  |
| 9 | wt | 9 | **Zeno de Ponti** | HN1 |  | 1:51.79 | 1:51.79 |  |
| rd | 29 | **Hidde Westra** | HA1 |  | 1:52.72 | 1:52.72 |  |
| 10 | gl | 8 | **Stan Springer** | HN1 |  | 1:52.82 | 1:52.82 |  |
| bl | 13 | **Stan van Vliet** | HA2 |  | 1:51.91 | 1:51.91 |  |

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| **5. Loting 1000 meter** |
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|  |  |  | **Naam** | **Cat** |  | **PR** | **ST** | **Tijd** |
| 1 | wt | 21 | **Amee Hollanders** | DA2 |  | 1:22.59 | 1:22.59 |  |
| rd | 18 | **Semmie Bakker** | DA1 |  | 1:23.54 | 1:23.54 |  |
| 2 | gl | 40 | **Caspar Douma** | HN3 |  | 1:13.98 | 1:15.20 |  |
| bl |  |  |  |  |  |  |  |
| 3 | wt | 32 | **Meike Veen** | DB2 |  | 1:20.14 | 1:20.14 |  |
| rd | 4 | **Pien Hersman** | DA1 |  | 1:20.44 | 1:20.44 |  |
| 4 | gl | 26 | **Thom Rooijackers** | HA1 |  | 1:18.36 | 1:18.36 |  |
| bl | 35 | **Sil van der Veen** | HB1 |  | 1:17.89 | 1:17.89 |  |
| 5 | wt | 16 | **Timo Lamme** | HA1 |  | 1:15.52 | 1:15.52 |  |
| rd | 41 | **Jelmer Hendriks** | HA2 |  | 1:16.68 | 1:16.68 |  |
| 6 | gl | 25 | **Swen Halferkamps** | HB2 |  | 1:16.92 | 1:16.92 |  |
| bl | 17 | **Jorn de Vries** | HA1 |  | 1:15.61 | 1:15.61 |  |
| 7 | wt | 39 | **Pim Stuij** | HA2 |  | 1:12.66 | 1:12.66 |  |
| rd | 6 | **Tom Egbertsen** | HA1 |  | 1:13.78 | 1:13.78 |  |
| 8 | gl | 20 | **Stein de Wit** | HA1 |  | 1:12.90 | 1:12.90 |  |
| bl | 37 | **Jelle Rieff** | HA2 |  | 1:13.07 | 1:13.07 |  |

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